

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

Age	Sex	Department	Hospital
49	M	Orthopaedic	AIIMS
38	M	Orthopaedic	AIIMS
75	M	Orthopaedic/Oncology	AIIMS, Sant Pramanand, Shanti Avedna Sadan & TMAI
54	F	Gastro/Neurology	AIIMS
44	M	ENT/Medicine/Endocrinology	AIIMS & MAX
31	M	Vatika Centre	Vatika; A lab near AIIMS
50	F	Gastro	AIIMS
31	M	Gastro	AIIMS
26	F	Gastro	AIIMS
45	F	Vatika Centre (Lab)	Vatika Centre (Lab)
28	F	Gynaecology	AIIMS
55	M	Ophthalmology	AIIMS
53	M	Oncology/Radio/Chemo/IRCH	AIIMS & Sant Pramanand
37	F	Dermatology/ENT/Medicine	Safdarjung/AIIMS/Max
41	M	Gastro/Cardiology/Emergency	AIIMS
47	F	Neurology/Endocrinology/Orthopaedic	Holy Family
25	F	Gastro/Gynaecology/Surgery	AIIMS/National Institute of Tuberculosis & Respiratory Diseases
51	M	Ophthalmology/Medicine	AIIMS
55	F	Gastro	AIIMS
8m	F	Paediatric	AIIMS
25	F	Gynaecology	AIIMS
27	F	Gynaecology	AIIMS
23	M	Neurology	AIIMS
51	F	Cardiology	AIIMS
26	M	Pulmonology	AIIMS
67	F	Ophthalmology/Endocrinology	AIIMS
63	F	Ophthalmology	AIIMS
65	F	Ophthalmology and ENT	AIIMS
29	M	Medicine	Max
57	M	Gastroenterology	AIIMS
18	M	Gastroenterology/ Cardiology	AIIMS
21	M	Dermatology	AIIMS
45	F	Oncology	AIIMS
44	F	Neurology	IHBAS

Total Patients: 34

New Patients: 19

New Comers from Tibet: 17

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

49 y/o, Male, Orthopaedic Case

Diagnosis: Tendonitis knee

Diagnostics: The root cause of the right knee pain was found to be the stiffness. Walking ability was examined.

Treatment: Daily exercises and put on medications

Current condition: Stable

Hospital: AIIMS

49 y/o, Female, Gastro/Neurology

Diagnosis: Hepatomegaly

Diagnostics: USG, LFT, Blood tests and Fibro scan, HIV, Hepatitis, and many other blood tests.

Treatment: medication, maintaining diet, reducing weight and increasing physical activities.

Current condition: Urgent

Hospital: AIIMS

44 y/o, Male, endocrinology/ ENT

Diagnosis: Diabetes/ Hyperthyroidism

Diagnostics: Endoscopy, Full body check up, thyroid profile, Fasting and random blood sugar

Treatment: Dietary management to control diabetes, Weight reduction and put on medications.

Current condition: Stable

Hospital: AIIMS/ Max Hospital

31 y/o, Male, Diagnostic (Hepatitis)

Diagnosis: NA

Diagnostics: Hepatitis test (Hepatitis test came negative)

Treatment: NA

Current condition: Stable

Hospital: Vatika Diagnostic Centre

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

50 y/o, Male, Gastroenterology

Diagnosis: Hepatitis-B positive

Diagnostics: Blood test (Hep B, Anti HCV, HIV) and Fibro scan.

Treatment: Reports waited to start on medication.

Current condition: Stable

Hospital: AIIMS

31 y/o, Male, Gastroenterology

Diagnosis: Hepatitis-B-positive

Diagnostics: DNA of Hepatitis-B, fibro scan and endoscopy

Treatment: Not yet started

Current condition: Stable

Hospital: AIIMS

26 y/o, Female, Gastroenterology

Diagnosis: Hepatitis-B-positive

Diagnostics: DNA of Hepatitis-B, blood test, fibro scan and endoscopy

Treatment: Not yet started

Current condition: Stable

Hospital: AIIMS

45 y/o, Female, Hepatitis

Diagnosis: Hepatitis: non-reactive

Diagnostics: Hepatitis

Treatment: NA

Current condition: Stable

Hospital: Vatika Centre

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

28 y/o, Female, Gynaecology

Diagnosis: NA

Diagnostics: NA

Treatment: Not yet started

Current condition: Stable

Hospital: AIIMS

55 y/o, Male, Ophthalmology

Diagnosis: Presbyopia

Diagnostics: All necessary investigations of his vision and IOP

Treatment: Spectacles

Current condition: Stable

Hospital: AIIMS

53 y/o, Male, Oncology

Diagnosis: Lung Cancer

Diagnostics: LFT, PET Scan, KFT, CB MRI Brain, Hemogram, ECG, Chest X-ray, CBC and Echo, TLC, Radio, Chemo and Blood group test.

Treatment: Medication

Current condition: Stable

Hospital: AIIMS



བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

37 y/o, Female, Dermatology

Diagnosis: Laryngopharyngeal reflux

Diagnostics: Endoscopy, Full body check up, Urine culture, DLC and TLC blood tests.

Treatment: Medications

Current condition: Stable

Hospital: Sajdarjung

41 y/o, Male, Gastro/ Cardiology

Diagnosis: Hernia

Diagnostics: Endoscopy, Medications, ECG, blood pressure, D4 and TSH

Treatment: Medications

Current condition: Stable

Hospital: AIIMS

47 y/o, Female, Neurology/Endocrinology/Orthopaedic

Diagnosis: Bone-TB

Diagnostics: A lot of investigations, operation, and checking the condition by doctors.

Treatment: Surgery / Invasive Procedure: 1,2-1,5 spinal instrumentation +discectomy

Current condition: Stable

Hospital: Holy Family

25 y/o, Female, Gynaecology

Diagnosis: Lactation amenorrhoea/ TB

Diagnostics: Blood sugar fasting, postprandial, urine RM, CS and UPT, Chest X-ray, Ultrasound, ESR, TLC, CBC, Mantox, CECT abdomen, CT Enterography and blood tests

Treatment: Medication

Current condition: Critical

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

Hospital: AIIMS/National TB and Respiratory Diseases

51 y/o, Female, Ophthalmology

Diagnosis: Presbyopia

Diagnostics: Checked throughout and DNA of Hepatiti

Treatment: Glasses for clear vision at any distance

Current condition: Stable

Hospital: All55 y/o, Female, Gastro Case

Diagnosis: Hepatitis

Diagnostics: DNA of Hepatitis

Treatment: Not yet started

Current condition: Stable

Hospital: AIIMS

8 months old, Female, Genetic Case

Diagnosis: A tumour near ass since born

Diagnostics: Checked well by the doctor

Treatment: No need

Current condition: Stable

Hospital: AIIMS

25 y/o, Female, Gynaecology

Diagnosis: NA

Diagnostics: PAP smear

Treatment: Medication

Current condition: Stable

Hospital: AIIMS

27 y/o, Female, Gynaecology

Diagnosis: NA

Diagnostics: Pap Smear, URM and Urine Test

Treatment: Medicine for both the partners

བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

Current condition: Stable
Hospital: AIIMS

23 y/o, Male, Neurology

Diagnosis: Epilepsy
Diagnostics: All necessary tests were done to rule out the disease
Treatment: Medication
Current condition: Stable
Hospital: AIIMS

52 y/o, Female, Cardiology

Diagnosis: Varicose veins
Diagnostics: Doppler
Treatment: Doppler and EVLA
Current condition: Stable
Hospital: AIIMS

26 y/o, Male, Pulmonology

Diagnosis: NA
Diagnostics: Chest X-ray, sputum, PFT and CT Scan
Treatment: Medicines
Current condition: Stable
Hospital: AIIMS

67 y/o, Female, Endocrinology/Ophthalmology

Diagnosis: Diabetes
Diagnostics:
Treatment: On medication
Current condition: Stable
Hospital: AIIMS



བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

63 y/o, Female, Ophthalmology

Diagnosis: NA

Diagnostics: cholesterol

Treatment: NA

Current condition: Stable

Hospital: AIIMS

65 y/o, Female, Ophthalmology and ENT

Diagnosis: NA

Diagnostics: Nose checking with endoscopy and cholesterol test.

Treatment: Not yet started

Current condition: Stable

Hospital: AIIMS

29 y/o, Male, Medicine

Diagnosis: NA

Diagnostics: Full body checkup

Treatment: NA

Current condition: Stable

Hospital: Max

57 y/o, Male, Gastroenterology

Diagnosis: NA

Diagnostics: NA

Treatment: Not yet started

Current condition:

Hospital: AIIMS



བད་སྐྱོབ་དགོ་ཚུ་ཚོགས་པ།
PATIENT CARE ASSOCIATION
Patients' Report, June 2017

18 y/o, Male, Gastroenterology/Cardiology

Diagnosis: Hepatitis-B-Positive

Diagnostics: Chest X-ray

Treatment: Medications

Current condition: Stable

Hospital: AIIMS

21 y/o, Male, Surgery Case

Diagnosis: Post-burn facial scar tissue

Diagnostics: Scar tissue examination and plan for surgery

Treatment: Laser treatment

Current condition: Stable

Hospital: AIIMS

45 y/o, Female, Oncology

Diagnosis: Cervical Cancer

Diagnostics: MRI AND ST SCANS, ETC

Treatment: Continuing the same medications

Current condition: Stables

Hospital: AIIMS

44 y/o, Female, Neurology

Diagnosis: Epilepsy

Diagnostics: Through investigations since 2012

Treatment: Continuing with the medication

Current condition: Stable

Hospital: INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES (IHBAS)