

**During the covid-19 pandemic
The patients assisted in the month of December 2020**

Age	Sex	Birth Place	Departments	Hospitals
45	Female	Tibet	Neurology	A.I.I.M.S New Delhi
10	Male	Nepal	Urology	Safdarjung Hospital
58	Male	Tibet	Gastro, Oncology	A.I.I.M.S New Delhi/ Manipa
31	Female	India	Medicine	A.I.I.M.S New Delhi, Mentseekhang
70	Male	Tibet	Oncology	A.I.I.M.S New Delhi/Apollo
29	Male	Tibet	Medicine	Mentseekhang
49	Female	India	Orthopedic	A.I.I.M.S New Delhi
30	Female	India	Neurology	A.I.I.M.S New Delhi

Total: 8

Male: 4

Female: 4

54YR/FEMALE

BIRTH PLACE: TIBET

CURRENT ADDRESS: INDIA

COMPLAINT: Memory loss, seizure. Previously frequency is 5-6 times per month and SUPRATENTORAL- left sided Meckel's cave is enlarged suggesting (PETROUS APEX CEPHALOCELE). CHILDHOOD ENCEPHALITIS?

DEPARTMENT: Neurology (medicine).

DIAGNOSTIC: MRI BRAIN (for epilepsy protocol)

Diagnosis: Epilepsy

TREATMENT: Oral medication

STATUS: Doing follow-ups.

CONDITION: Vital signs are within normal range and improving.

HOSPITAL: A.I.I.M.S NEW DELHI

10YRS/MALE

BIRTH PLACE: Nepal

CURRENT ADDRESS: Himachal Pradesh.

COMPLAINT: Urine Retention. Pain during voiding at onset. Presently under the supra pubic catheter. Patient is on both SPC & PUC.

DEPARTMENT: Urology (Urology Surgery)

DIAGNOSTIC: RGU and MCV. Routine urine test and urine culture. CBC, LFT, KFT. RGU and MCV. Routine blood investigation. Urine culture. Covid test for surgery sake. Present of pus collection within catheter. Urine culture shows growth of bacteria. Routine urine test.

DIAGNOSIS: Urinal Stricture

TREATMENT: Arthroplasty (Surgery done). Post operation order as oral medication. **STATUS:** Follow-ups.

CONDITION: Improving.

HOSPITAL: A.I.I.M.S Safdarjung Hospital, New Delhi

58YRS/MALE

BIRTH PLACE: TIBET

CURRENT ADDRESS: Mundgod, INDIA

COMPLAINT: Abdominal discomfort. Difficulty in digesting Constipation with lethargy previously. Currently no complications.

DEPARTMENT: Oncology (Medical Oncology).

DIAGNOSTIC: CECT. URE. CEREBRAL MRA

DIAGNOSIS: STOMACHE CANCER, LIVER METASTASIS

TREATMENT: GASTROJEJUNOSTOMY. CHEMOTHERAPHY. Adjuvant therapy

STATUS: As an outpatient, receiving Chemotherapy and Tibetan traditional medicines. Presently patient is due with C#8 paclitaxel.

CONDITION: Vital signs are within normal range and doing well.

HOSPITALS: A.I.I.M.S NEW DELHI, Manipal Hospital

31YRS/Female

Birth place: India

Complaints: Throat burn mild irritation (red and dry) General weakness, lack of appetite. Dizziness, hot-cold feelings. Migraines/Head Pressure, Kidney oxalate crystals, arrhythmias.

Investigations: blood test and consultations.

Diagnosis: Oxalate crystals, vitamin/mineral deficiencies, low BP, Prolactinoma, high cholesterol, upper back pain.

Department: Medicines, Nephrology and Urology.

Treatment: Tibetan medications, vitamin and mineral supplements.

Condition: Improving

Hospitals: Mentsekhang (Tibetan Medical and Astrological Inst), and AIIMS, New Delhi

70YRS/MALE

BIRTH PLACE: TIBET.

CURRENT ADDRESS: Himachal Pradesh.

COMPLAINT: Difficult in swallowing. Pain and burning sensation while swallowing.

DEPARTMENT: oncology, medicine oncology- surgical oncology.

DIAGNOSIS: CA ESOPHAGUS. Squamous cell esophagus cancer

DIAGNOSTIC: Covid test before each Chemotherapy and radiotherapy.

TREATMENT: Chemotherapy. Radiotherapy. Supplementary medicines

STATUS: Patient current status is better as compared to initial time

CONDITION: Patient's condition is fair. Vitals within normal ranges.

HOSPITAL: A.I.I.M.S. Apollo hospital private, Delhi

29YR/MALE

BIRTH PLACE: TIBET

CURRENT ADDRESS: HEMACHAL PRADEH, INDIA

COMPLAINT: Cholecystectomy. Presently having abdominal pain and discomfort.

DEPARTMENT: GASTROENTEROLOGY – HEPATOLOGY.

DIAGNOSTIC: CBC, LFT.KFT.MVP. ADA. THYRIOD PROFILE. LIPID PROFILE

DIAGNOSIS: Anxiety and depression. Mild Fatty liver

TREATMENT: Oral medication

STATUS: Patient present health status is stable

CONDITION: Stable

HOSPITALS: Mentsekhang and Khanna Clinic.

49YRS/FEMALE

BIRTH PLACE: INDAI, LADHAK LEH

CURRENT ADDRESS: LEH LADHAK, INDIA

COMPLAINT: Difficult in walking. Pain in muscles and joints

DEPARTMENT: ORTHOPEDIC.

STATUS: Patient current status is critical. Patient is unable to walk and do daily activities without assist.

CONDITION: Patient health condition is not good as per disease condition.

HOSPITAL: A.I.I.M.S NEW DELHI

30YRS/FEMALE

BIRTH PLACE: INDIA

CURRENT ADDRESS: MAJNUKATILLA ARUNANAGAR NEW DELHI

COMPLAINT: Epilepsy with onset of loss of consciousness followed by sudden faint.

DEPARTMENT: NEUROLOGY – NEURO SURGOEN.

DIAGNOSTIC: EEG. CT SCAN BRAIN. MRI BRAIN.
MEG(magnetoencephalography)

DIAGNOSIS: Epilepsy

TREATMENT: Patient is under oral medication at present. Epileptic surgery

STATUS: Patient is able to do daily activities and doing follow-ups.

CONDITION: Good and vitals are within normal ranges. Nothing abnormalities found at present except the disease condition.

HOSPITAL: A.I.I.M.S NEW DELHI