

**47YRS/MALE**

**BIRTH PLACE:** Tibet

**CURRENT ADDRESS:** Mundgod, South India

**COMPLAINT:** History of sharp pain to lower abdomen radiated to back and thigh region. Loss of weight and loss of appetite. Nausea and fatigue. Increase frequency of urine.

**DEPARTMENT:** ONCOLOGY (MEDICAL AND RT)

**DIAGNOSTIC:** PET WHOLE BODY shown metastasis active soft tissue lesion in anterior wall of RIGHT supraclavicular lymph node, thoracic to abdomen lymph node, sacrum, L2 to L3. Biopsy block review. KFT, CAB, LFT, CEA, CA19.9.

**DIAGNOSIS:** URACHAL ADENOCARCINOMA

**TREATMENT:** Medications

**STATUS:** Receiving treatment

**CONDITION:** Was critical and now Stable

**HOSPITALS:** A.I.I.M.S New Delhi.

**58YRS/MALE**

**BIRTH PLACE:** TIBET

**CURRENT ADDRESS:** Mundgod, INDIA

**COMPLAINT:** Abdominal discomfort. Difficulty in digesting Constipation with lethargy previously. Currently no complications since medication is responding well.

**DEPARTMENT:** Oncology (Medical Oncology).

**DIAGNOSTIC:** CECT. URE. CEREBRAL MRI, CT Scan.

**DIAGNOSIS:** STOMACHE CANCER, LIVER METASTASIS

**TREATMENT:** Medications

**STATUS:** Receiving treatment.

**CONDITION:** Vital signs are within normal range and doing well.

**HOSPITALS:** A.I.I.M.S NEW DELHI, Manipal Hospital

**63YRS/MALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Punja basti, New Delhi

**COMPLAINT:** History of hemoptysis. Chest pain along with SOB (shortness of breathing). Breathing difficulty while walking. Increased hoarseness of voice.

**DEPARTMENT:** ONCOLOGY (MEDICAL ONCO) AND PALMONARY

**DIAGNOSTIC:** CT Scan Chest. Pet CT showed Right hyper metabolic middle lobe lung radial EBUS and BRONCHOSCOPY.

**DIAGNOSIS:** LUNG CA with PTB course COPD

**TREATMENT:** Both western and Tibetan medication

**STATUS:** Receiving treatment

**CONDITION:** Improving

**HOSPITALS:** A.I.I.M.S New Delhi.

**70YRS/MALE**

**BIRTH PLACE:** Tibet

**CURRENT ADDRESS:** Himachal Pradesh

**COMPLAINT:** Difficulty in swallowing the solid food.

**DEPARTMENT:** Oncology

**DIAGNOSTIC:** PET SCAN whole Abdomen. All urine and Routine blood investigation.

**DIAGNOSIS:** Carcinoma Esophagus and Squama's cell carcinoma

**TREATMENT:** Palliative care

**CONDITION:** Stable

**HOSPITALS:** A.I.I.M.S New Delhi and Apollo.

**45YRS/FEMALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Leh|Ladakh, J/K

**COMPLAINT:** History of acromegaly. Pain head and towards upper chest.

**DEPARTMENT:** Neurology (Neuro surgeon)

**DIAGNOSTIC:** HGH (GROWTH HORMONE) shows no abnormalities. IGF-1 (INSULIN LIKE GROWTH HORMONE) shows increased in range. Normal is 58-219 and patient has 257. CT Scan with contrast.

**DIAGNOSIS:** MACROADENOMA WITH ACROMEGALY.

**TREATMENT:** Medications

**STATUS:** Follow-ups

**CONDITION:** Improving well

**HOSPITALS:** A.I.I.M.S New Delhi.

**40YRS/MALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Tibetan Colony, New Delhi

**COMPLAINT:** History of traumatic injury to head, no any giddiness or head pain currently.

**DEPARTMENT: NEUROLOGY (NEURO SURGERY)**

**DIAGNOSTIC:** CT scan Showed fracture of left parietal bone, present of hematoma at right subdural. No abnormalities as shown in latest CT scan. Biopsy block reviewed. KFT, CAB, LFT. CEA, CA19.9.

**DIAGNOSIS:** Head Injury

**TREATMENT:** Stopped

**CONDITION:** Well improved

**HOSPITALS:** A.I.I.M.S New Delhi.

**14YRS/FEMALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Leh Ladakh, JANGTHANG

**COMPLAINT:** Past history of facial puffiness along with peripheral edema. Presently having abdominal pain with little facial and leg swelling.

**DEPARTMENT:** Nephrology

**DIAGNOSTIC:** CBC, LFT. KFT (Hb 10.5 as bit low, rest all normal range). URINE ROUTINE (urine culture and routine both shows normal). URINE CULTURE. ANA (no present of fluid accumulation within nephron cells)

**DIAGNOSIS:** PSNG (POST STREPTOCOCCAL GLOMERULONEPHRITIS)

**TREATMENT:** Medications

**STATUS:** Follow-ups

**CONDITION:** Improving well.

**HOSPITALS:** A.I.I.M.S New Delhi.

**28YRS/FEMALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Leh Ladakh J&K

**COMPLAINT:** Pain abdomen. Sharp pain from pubic region radiated. Irregular pain. Acne

**DEPARTMENT:** OBS & GYNEACOLOGY

**DIAGNOSTIC:** MRI PELVIS CONTRAST, Bulky uterus with intramural adenoma adenomyosis. Urine Culture & Sensitivity. Urine Examination. LDH SERUM.

**DIAGNOSIS:** PCOD (Poly cystic ovary syndrome)

**TREATMENT:** Medications

**STATUS:** Follow-ups

**CONDITION:** Improving

**HOSPITALS:** A.I.I.M.S New Delhi.



**35YRS/FEMALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Safdarjung New Delhi

**COMPLAINT:** Excessive white discharge with in the last 1 year. Lower abdomen pain. Febrile at onset of time.

**DEPARTMENT:** Gynecology

**DIAGNOSTIC:** Ultrasound lower abdomen and pelvis. CBC, TSH, FT4, and FT3

**DIAGNOSIS:** Excessive white discharge

**TREATMENT:** Yet to start

**STATUS:** Receiving treatment

**CONDITION:** Stable

**HOSPITALS:** A.I.I.M.S New Delhi.

**1/HALF YRS/MALE**

**BIRTH PLACE:** India

**CURRENT ADDRESS:** Leh Ladakh J&K

**COMPLAINT:** Small and red rashes entire body. Itching and burning type senses. Febrile at onset.

**DEPARTMENT:** DERMATOLOGY.

**DIAGNOSTIC:** ROUTINE BLOOD TESTS.

**DIAGNOSIS:** Atopic Dermatitis

**TREATMENT:** Medications

**STATUS:** Completed the treatment

**CONDITION:** Well Improved

**HOSPITALS:** Safdarjung Hospital, New Delhi.

**31YRS/Female**

**Birth place:** India

**Complaints:** Throat burn mild irritation (red and dry) General weakness, lack of appetite. Dizziness, hot-cold feelings. Migraines/Head Pressure, Kidney oxalate crystals, arrhythmias. Very red, inflamed, hot and Itching.

**Investigations:** blood test and consultations.

**Diagnosis:** Oxalate crystals, vitamin/mineral deficiencies, low BP, Prolactinoma, high cholesterol, upper back pain.

**Department:** Medicines, Nephrology and Urology.

**Treatment:** Tibetan medications, vitamin and mineral supplements.

**Condition:** Improving

**Hospitals:** Mentsekhong (Tibetan Medical and Astrological Inst), and AIIMS, New Delhi

**27YRS/FEMALE**

**Birth Place:** Tibet

**Current Address:** Dharamsala, H.P

**Complaints:** Ear skin comes out and irritations for 20 days.

**Department:** Dermatology

**Treatment:** Medicines

**Condition:**

**Hospital:** Safdarjung Hospital